

NEWSLETTER

VOLUME 9

Megan Baker House

MONTHLY NEWSLETTER

OCTOBER 2025



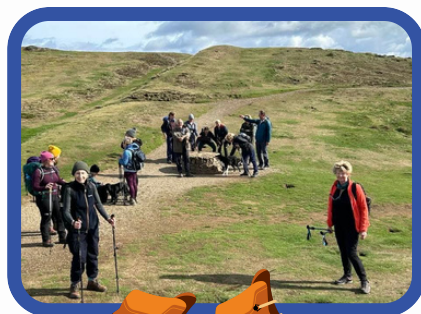


Updates

Malvern Hills Walk

Earlier in the month, MBH's Development Director Lee and a group of brave volunteers walked the length of the Malvern Hills - around 9 miles!

Together, they raised over £3,000 for MBH, which will go towards us helping our children and adults to live more active and independent lives. Thank you to everyone who got involved!



Coffee & Chat with Colleagues

Thursday 23rd @ H.A.N.D.S. Hub
10 till 12
Berrows Business Centre,
Hereford
HR1 2HE

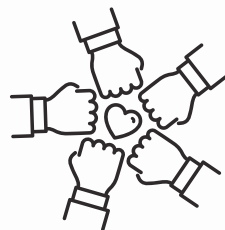
We have representatives from the

- Camhs Lead - Laura Stephens
- Send Team
- Health - Joyce
- Sendiass Advisors - Team
- Megan Baker House
- Plus a few more



At MBH, we are always happy to attend events and chat with others - individuals, carers or professionals about all things CE and what we do.

This month, Tash attended a Coffee & Chat event for the Parent Carer Voice. She got to speak to all sorts of professionals which will help us to work as a wider team for the benefit of the children we work with.



**Open
Days**

What's On?

Come and Visit Us!

**4 & 5 Nov:
Ledbury**

**11 Nov:
Bodenham**

**19 Nov:
Bromsgrove**

**24 Nov:
Church Stretton**

**4 Dec:
Mitcheldean**

Open days are scheduled for our venues throughout the Autumn Term! This is your chance to pop along and see what we do, meet our team and ask any questions you may have.

Spread the word to family, friends, professionals and anyone you feel may benefit from our services - we will be happy to help.

Keep an eye on our social media pages or contact us for times and exact locations of each venue's open day! Our next open days are at our Ledbury Venue.



October Intensives



Our October Intensives are well underway! Keep an eye out on our social media pages for the details of our next set of Intensives so you can secure your place!



What's On?



Quiz Night

Come and join us on the 28th November for a fun quiz night, raising money to help us continue to provide our conductive education sessions!

We are also always after raffle prizes for events like these, helping us raise even more vital funds!



Early Help in the Community Roadshow

Explore, connect, and share support for families in Herefordshire.



We're excited to host a series of Early Help Roadshows this autumn to continue our Herefordshire's Families First Partnership programme. Families, Community members, partner agencies, schools, voluntary and faith sectors are welcome to attend.

Dates & Venues:

Monday 17 November

2pm - 4.30pm,
Kindle Centre, Hereford

Wednesday 3 December

4.30pm - 6:30pm,
Earl Mortimer College, Leominster

Each event will feature:

- Marketplace stalls showcasing local Early Help partner agencies.
- Opportunities to learn about the wider "Family Help" offer.
- Networking with schools, statutory, voluntary, and faith partners.
- A chance to share your views and ask questions about local support.

To book your place or a stall, email:
FamiliesFirstPartnership@herefordshire.gov.uk



Families First Partnership

Early Help Roadshow

We are delighted at MBH to be a part of this roadshow and be able to attend the events. We will have colleagues there on both of the listed dates to be able to answer any questions you may have and offer our support.

Welcome TO

Bec & Megan



Megan



Bec

This month we have had two new Conductive Assistants start with us! We are sure you will join us in saying welcome to the team - we look forward to working with them and getting to know them more!

Achievement of the month



This month's achievement goes to Isaac! Having recently started sessions with us through his school, Isaac was determined to master moving from a high kneeling position to sitting to the side, to moving back up again without the use of his hands. He kept practicing at home and has now mastered it, improving his core strength and co-ordination in the process. Well done!!!

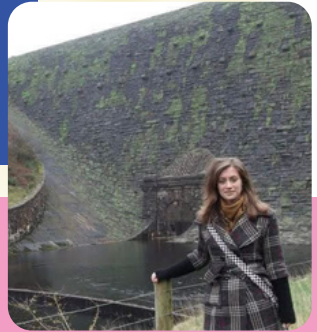


EMPLOYEE SPOTLIGHT...

Giving you a chance to get to know
our team a little better!

Mariann

Conductive Education Specialist



1.If you could travel anywhere in the world, where would you go and why?

I would love to travel to New Zealand. It's so far away, but such a beautiful country with rich nature and culture. There are countless mountains, coastlines, and opportunities for walking and hiking.

2. What inspired you to start a career in CE?

When I first came across CE, I was impressed by its complexity. It combines many different areas of supporting individuals, and it truly stands apart from other professions. No two days are ever the same. I love that I can use my creativity and don't have to spend my working hours sitting at a desk – it's a profession that keeps you on your feet. 15+ years and I am still here!



3. If you could have a day to do anything you wanted, what would you do?

I would go horse riding and spend time with my family.

4. If you could have any type of superpower, what would it be and why?

I would choose the ability to fly. I used to be my husband's co-pilot while he was completing his pilot training, and being above the clouds was an incredible experience.

5. What's a fun fact most people wouldn't know about you?

I am an absolute animal lover. When I was a teenager, I once saw a sick goat in a field. I picked him up, took him home, and did my best to help him. Although my parents weren't too impressed by my decision, they still supported me!



easyfundraising

easyfundraising is the UK's biggest charity shopping site

Did you know, you can help to raise funds for Megan Baker House as you shop?



Megan Baker House

© Berrington, Leominster

£1,135.98 raised

32 supporters

Start raising free donations today

Join thousands of others raising for good causes

You spend, brands donate.

Sign up to easyfundraising and see your favourite brands donate to the cause you care about whenever you shop with them.

easyfundraising partners with over 8,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

GET STARTED

How to support Megan Baker House

1

Sign up

Provide us with a few details to set up your profile with easyfundraising.

2

Download our browser extension

Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.

3

Track your donations

You'll be able to see how much you've raised in your account and we'll send updates on when Megan Baker House gets paid.

IT IS EASY TO
SET UP! JUST
VISIT
WWW.EASYFUNDRA
ISING.ORG.UK
OR SCAN THE QR
CODE

A huge thank you to anyone who has donated or helped us via our Amazon wish-list. Your help and support never goes unnoticed!

If you would like to support us, you can do so via the QR Code.

