

NEWSLETTER

VOLUME 3



Megan Baker House



MONTHLY NEWSLETTER

APRIL 2025



01531 633840



www.meganbakerhouse.org.uk

Upcoming Events



Entries will close at 9am on Saturday



Sunday 11th May 2025

at Eastnor Castle

10km, 6km , 3km Mini Mud Bath

Look forward to seeing you there.

Always a major MBH fun and fund raiser for the charity, please help us make it even bigger this year with the generosity of family and colleagues sponsoring your run



SCAN ME!

For registration details please see the Relish running website <https://www.relishrunninggraces.com/mud-bath-running-race-eastnor-castle.php> or scan the QR Code.

t: 01531 633840 www.megambakerhouse.org.uk

Golf Day.

6TH JUNE 2025

OMBERSERLY GOLF CLUB, WR9 OLE

**REGISTRATION 07:30
SHOTGUN START 08:30**



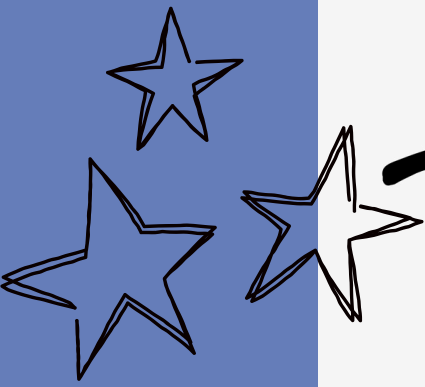
If you can donate a prize, let us know!

For more info contact:
LEE@MEGANBAKERHOUSE.ORG.UK

£200 for a 4 ball

(INCLUDES BREAKFAST & BUGGY)





Thank you



THANK YOU TO ZEE
AND LUDLOW
NUTRITION FOR
HOLDING A
LADIES DAY AND
RAISING £187.20

A BIG THANK
YOU TO JAMES
FROM MOOR
PARK FOR HIS
GENEROUS
DONATION OF
£207 FROM HIS
UKELELE
NIGHT!

A HUGE THANK YOU TO
HAZLIN OF LUDLOW LTD
FOR OFFERING TO FIX
OUR PLINTHS AT LEDBURY
FOR FREE. WE ARE SO
THANKFUL!

THANK YOU TO ALL
WHO HAVE DONATED
THROUGH OUR
AMAZON WISHLIST.
IF YOU WOULD LIKE
DONATE PLEASE
VISIT OUR
WISHLIST VIA THE
QR CODE.

AMAZON WISHLIST

Check out our
wishlist via the QR
code below



Thank you

MBH is immensely grateful to Ross golf club and its wonderful community for their generous support throughout the past year as our Charity of the Year. Thanks to their incredible efforts, we have received a remarkable £14,000 which will make a tangible difference in the lives of so many participants. My special thanks to captains Mark Whitmore and Lorraine Fenner and their amazing supporters who have participated in so many fund raising activities. A big thank you from MBH for all your help, I know we have made new friends and look forward to your visits to the centre to see some of the items we have purchased with this money.



Achievement of the month!

EWAN

ONE OF OUR SUPERSTARS, EWAN USING HIS OWN INITIATIVE AND CARRYING THE BINS OUT FOR MUM! WELL DONE EWAN!



EMPLOYEE SPOTLIGHT...

AMANDA - CONDUCTIVE EDUCATION SPECIALIST

Employee spotlight will give you a chance to get to know our staff a little better. This month's employee spotlight is on Amanda!



1. HOW LONG HAVE YOU BEEN WORKING AT MBH?

I have worked at MBH for two years now. It's gone very quickly!

2. WHAT'S YOUR FAVOURITE PART OF WORKING AT MBH?

My favourite part about working at MBH, it's obviously our fantastic participants! Helping people to achieve their best potential, and helping them progress is priceless! Also, having the chance to get to know lots of different people, and have a laugh and a smile along the way always brightens my day.

3. FAVOURITE MOVIE/SERIES?

My favourite series is currently the Yellowstone trilogy. My favourite movies are normally true stories, but I do like historic films, westerns and war movies

4. DO YOU PREFER A NIGHT IN OR NIGHT OUT?

I enjoy both in equal measure. As much as I am an extrovert, I can also be an introvert.



AND FINALLY, FROM OUR CEO - JOHN GOUGH

Looking back at the last financial year (ended 31 March) has given me the theme of 'thank you' for this edition.

Thank you to our inspirational clients, both young and not-so young, who have worked so hard to achieve their goals during the year. Also, thank you for paying your contributions towards the costs of services by the due date. This income, 25% of total costs, is vital for our survival AND sends a message to our funders that you value the services we provide. Finding the other 75% was challenging but then it always is! This coming year, providing CE services, will cost just over £500,000 so any help will be gratefully received.

Thank you to the wonderful MBH team of Sue, Head of Client Services, CE specialists and assistants, Development Director Lee, Victoria, our Funding and Development Manager and our board of trustees, chaired by Dr Richard Wileman.

Thank you to Lee who has worked hard and skillfully to secure a second building at Ledbury (imaginatively named by me as Ledbury 2!) and some finance to provide the equipment needed for it. Unlike Ledbury 1, it will provide a small office/meeting room along with two CE session rooms.

Thank you to members of the CE team who have reduced their annual leave allowance so that we can offer intensive sessions during periods when, previously, we would have been closed. These have proved to be popular and I hope the demand from you will grow even more this year.

Last but not least, thank you to all of our supporters who raised over £40,000 supporting or hosting events or taking part in personal challenges and the local and national bodies that provided significant grants for the charity.